

# Middle School Personal Appearance Guidelines

#### STUDENT DRESS AND GROOMING

- Seventh and eighth-grade students must wear their student IDs/access cards around their necks at all times during school hours for their protection and for the security of the campus. Students must use the CCA lanyard provided by the school.
- All uniform items must be purchased from Ivy School Uniforms with the exception of socks, shoes, and belts.
- Polo and chapel shirts (with the exception of the girls' ¾ sleeve chapel shirt) must be tucked in throughout the day.
- All uniform items (including shoes) should be clean and in good repair.
- A black/brown leather belt must be worn with pants and shorts.
- Only uniform sweaters, embroidered CCA sweatshirts, and fleece CCA jackets may be worn over uniform shirts and blouses inside the buildings. Embroidered sweatshirts may not be worn on chapel days.
- Students must remain in uniform while on the CCA Campus during regular school hours. Athletic uniforms may be worn during official athletic practice or P.E. period. Fifth and sixth grades may also wear their P.E. uniforms for end-of-the-day tutorials immediately after P.E.
- Only plain, solid white, short-sleeved undershirts may be worn under chapel shirts. White, gray, or navy short-sleeved undershirts may be worn under polo-style shirts. Long-sleeved undershirts may not be worn under short-sleeved uniform shirts or blouses.
- Hats may not be worn inside the building unless it is part of a Special Dress day.
- Students are required to dress in accordance with one's biological sex.
- Hemlines must be no shorter than 4" above the top of the knee for girls' skirts and shorts or for boys' shorts.

#### **GIRLS**

In addition to the required and optional uniform items that are purchased from Ivy School Uniforms, girls may wear the following:

- Any solid black or navy flat dress shoes. Any black, white, and/or gray athletic shoes with non-marking soles. Logos may be black, gray, or white and laces must match the dominant color of the shoe. No patterns or other embellishments are allowed.
- Tights/Leggings Girls may wear solid-colored white, navy, or black tights/leggings under skirts. If they choose to wear leggings, they must wear socks the same color as their leggings. Sweatpants are not considered to be tights/leggings and may not be worn under skirts or in the classroom at any time.
- Socks On chapel day, girls must wear white knee socks or white crew socks. Non-chapel days, girls may wear black, navy, or white crew/knee socks.
- Girls may wear up to 2 pairs of earrings. No other piercings may be visible while on campus or at any school-related event.
- Skirts Hemlines on skirts must be no shorter than 4" above the top of the knee. Modesty shorts must be worn under skirts. Please be mindful of this policy as your daughter grows throughout the school year. Christmas break is a great time to re-measure the skirts for length.

- Girls' hair should be kept neat, clean, and out of the face. Hair may not be streaked, dyed, or added to with any unnatural colors. Hairstyles should not distract other students or place undue attention on any one student, as determined by school administration.
- Hair accessories (headbands, bows, etc.) must be consistent with school/uniform colors.
- Any additional clothing accessories or cosmetics should not cause distractions.

#### **BOYS**

In addition to the required and optional uniform items that are purchased from Ivy School Uniforms, boys may wear the following:

- Any solid black dress shoes. Any black, white, and/or gray athletic shoes with non-marking soles. Logos
  may be black, gray, or white and laces must match the dominant color of the shoe. No patterns or
  other embellishments are allowed.
- Boys must wear black or white crew socks. Socks may have logos that are white, gray, or black but may not have any other colors or patterns (e.g. stripes). No neon or bright colors.
- Boys' hair should be kept neat, clean, and out of the face. Hair may not be streaked, dyed, or added to with any unnatural colors. Hairstyles should not distract other students or place undue attention on any one student, as determined by school administration.
- Boys must be clean-shaven.
- Boys may wear one tasteful necklace as long as it does not distract from the uniform. They may not
  wear earrings. No body piercings may be visible while on campus or at any school-related event.

#### **CHAPEL UNIFORM**

- All uniform items should be purchased at Ivy School Uniforms.
- Girls should wear the required plaid skirt, white cap-sleeved or ¾-sleeved shirt, white knee socks or white crew socks, and a plaid bow tie. The navy sweater/sweater vest is required from late fall through early spring.
- Boys must wear gray chapel pants or shorts, a white Oxford shirt, black socks, and the standard tie or bow tie. Ties must be in good repair and worn correctly. The navy sweater vest and gray chapel pants are required from late fall through early spring.
- No hoodies or embroidered sweatshirts will be allowed on Chapel Day. CCA fleece zip-up jackets are allowed on Chapel Day.

### **PE UNIFORM GUIDELINES**

- Athletic shoes must be worn during P.E. and athletics. Dress shoes or Converse-type sneakers are not allowed.
- Athletic attire should be modest and may not be modified to abbreviate coverage. Athletes are required to wear CCA attire while practicing. Only practice attire approved by CCA coaches and athletic director is permitted. T-shirts may not be ripped down the armpit or the length changed in a revealing manner. A ribbed or tank-top style undershirt is unacceptable and may not be worn by athletes.
- Male athletes may not go "shirtless" during athletics when co-ed use of the facilities takes place.
- Female athletes should dress modestly. The practice of rolling up shorts is not allowed. Female athletes may not wear tank tops or immodest clothing.

#### **COLD WEATHER UNIFORM GUIDELINES**

- Outerwear Only official CCA jackets, sweaters, and embroidered sweatshirts purchased through Ivy
   School Uniforms may be worn. Outerwear must be in good condition not ripped or torn in any way.
- Outerwear may not be worn during chapel assembly.
- Any non-CCA outwear may not be worn in the buildings.
- Hoodies may only be worn on Spirit Wear days.
- Long johns, warm-ups/sweatpants, and pajama bottoms are not allowed.

## **SPIRIT WEAR DRESS GUIDELINES**

- Authorized CCA spirit shirts, sweatshirts, or hoodies are the only items allowed.
- Solid-colored (denim, black, navy, royal blue, orange, white, gray, or khaki only) shorts, skirts, or pants (including joggers) may be worn. Shorts and shirts must be standard uniform length.
- Denim jeans are allowed. Distressed jeans may not have rips/holes showing skin more than 4" above the knee.
- Leggings are not allowed.
- Students may wear athletic shoes or other approved footwear, including cowboy boots.
- House shoes/slippers are not allowed.
- Students not wishing to participate or ineligible\* to participate must wear a regular uniform option.
- Students not complying with these directives will be sent to the office and required to call home. They will lose the privilege of wearing spirit clothing and will need a regular uniform brought to them before they will be allowed in class.
- Shirts revealing a student's midriff may not be worn.

#### **SPECIAL DRESS GUIDELINES/FREE DRESS**

Occasionally, students have the opportunity to dress up for Special Dress days such as during Homecoming or Spirit Week.

- Students' dress must be obvious in keeping with the theme (e.g. Wearing pajamas on PJ Day is obviously keeping with the theme. Wearing shorts and a t-shirt is not.)
- Dress should be modest. No midriffs, spaghetti straps, halters, tank tops, or strapless tops or dresses.
- Shorts and skirts must be the same length as uniform skirts.
- If a student chooses not to participate in the Special Dress, they may wear Spirit Wear or uniform instead.
- Special Dress days should NOT be understood to be Free Dress days. Students who are not obviously
  dressed according to the Special Dress day theme, Spirit Wear, or uniform, will be given a uniform
  infraction.
- <u>In the event that Free Dress is allowed, the Spirit Wear policy is the guideline for shorts, skirt, and pants choices. Inappropriate writing or images on clothing will not be allowed.</u>

See specific grade-level uniform guidelines linked here.

<sup>\*</sup>Students who receive 6 or more Uniform Infractions within a quarter are ineligible to participate in Spirit Wear or Special Dress Days.